

Ms My Story

1. CONVERSATION STARTER

Supplies:

- None

Leader Tip:

- The Conversation Starter is a great way to make everyone feel welcome and build community! Use it to set the tone for your group's time together.

Instructions:

- As the students arrive, welcome them and gather everyone in a group.
- Check in quickly to see how their week went.
- Ask:
 - What's your favourite vegetable? What's your least favourite?
 - Which restaurant would you most recommend that someone try?
- Depending on the size of your group, have the students share their responses with the people sitting closest to them or with everyone.

2. INTRO ACTIVITY

Supplies:

- Paper
- Pens
- Pictures

Instructions:

- Give each student a piece of paper and a pen.
- Show one of them a picture. Make sure no one else can see it.
- Direct the student who sees the picture to instruct the other on how to draw it (e.g., draw a square and then draw a triangle on top of the square).
- Challenge the students who are drawing to guess what the object is.
- Invite the first person who guesses correctly to be the next one to provide the drawing instructions.

- Repeat until all the objects have been drawn and guessed.
- Discuss:
 - How did it feel to draw when you weren't sure what you were doing? Did you place your faith in the person describing the picture?
 - How did it feel when your peers listened to your instructions and put them into action?
- Note that this experience is similar to what it's like when God sees us put our faith in action. Introduce this week's Big Idea: **God loves our faith in action.**

Gs God Story Ls Life Story

3. WEEKLY VIDEO

Supplies:

- Video file

Instructions:

- Play the video. It contains:
 - Host segment
 - God Story (Eating Different to Stay Obedient | Daniel 1)
 - Life Story (Mikayla became a vegan after deciding that eating animal products wasn't right for her. It was a difficult choice but it's a lifestyle she firmly believes in.)



4. APPLICATION ACTIVITY

Supplies:

- None

Before the Activity:

- Be prepared to share about a time when you listened to God and it turned out for the best.

Instructions:

- Discuss:
 - What's this month's Key Verse? (Hebrews 11:1)
 - What was the Life Story about in today's video?
 - What was the God Story about?
 - How does being reminded of what we prayed about in the past help us see the ways God is at work in our lives now?
 - Have you ever recommended a movie or band to someone? If they tried it, how did you feel?
 - Who gives you recommendations? (e.g., friends, parents, YouTube, teachers, God, etc.)
 - What makes you listen to them? (e.g., I respect them, they've never let me down, they have good recommendations, etc.)
 - What makes you ignore someone's recommendations? (e.g., they recommend bad stuff, I don't like them, they let me down, etc.)
- Share about a time when you listened to God.
- Discuss: Why should we listen to God's recommendations?
- Emphasize that God doesn't force us to follow him. When we trust him and put our faith into action by doing what he says, he loves it—just like we love it when people try out what we recommend!

5. ADDITIONAL ACTIVITY

Supplies:

- Bibles
- Faith in Action activity pages
- Pens

Instructions:

- Guide the students to form pairs or small groups.
- Give each group a Bible, an activity page, and some pens.
- Explain that in the book of Hebrews we get a glimpse of people who put their faith into action. The students are going to look at how they did it.
- Assign each group one of the following passages/people from Hebrews:
 - 11:5-6 (Enoch)
 - 11:7 (Noah)
 - 11:8-10 (Abraham)
 - 11:11 (Sarah)
 - 11:23-28 (Moses)
 - 11:31 (Rahab)
- Direct the groups to read their assigned verses and then answer the questions on the page.
- When they're done, invite the groups to share their answers with one another.
- Read Hebrews 11 verses 6 and 13.
- Discuss:
 - How does God respond to these people's faith?
 - How can we put our faith into action? Is there anything you could do today or this week?

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6. DISMISSAL

Supplies:

- Take-home cards
- Key Verse cards

Instructions:

- a. Take a few moments to pray for the students if you have not already done so.
- b. Remind everyone about any upcoming events or relevant announcements.
- c. Make sure the students have their take-home materials.
- d. Ensure the adult teaching is over before dismissing the students.