



Excited

Jesus came to show us God's love and set up his kingdom. We see that in his life. We also see it in his death. Jesus' death is an unassuming rescue. He rescues us from a life of selfishness, loneliness, and sin to an eternal life with God. He came to save us from sin, show us God's love, and set up his kingdom. We are rescued!

Big Idea: We can get excited about Jesus.

Key Verse: ...all of his followers began to shout and sing as they walked along, praising God for all the wonderful miracles they had seen. | Luke 19:37b (NLT)

1. HANGOUT

Supplies:

- None

Instructions:

- Discuss:
 - Who are your favourite "world changers" (e.g., Gandhi, the Pope, Malala Yousafzai, Emma Watson, Terry Fox)? What have they done? What have they done for you?
 - What has Jesus done (beyond his death)? What has he done for you?
 - How is Jesus different from all the other world changers we listed?
- Say, "Jesus has inspired more world-changing movements than anyone else in history. But he doesn't just want to inspire or leave a legacy—he wants to know you and be with you!"

2. HEAR

Supplies:

- Bibles

Leader Tips:

- Emphasize that the more time we spend with the "light source," the brighter our own light will be.
- When discussing what living as a child of the light looks like, avoid using "don'ts." Instead, aim to use positive language.

Instructions:

- Discuss:
 - When have you felt most excited about or connected to Jesus, or sensed God's presence the most?
 - What's different about those times from the "everyday"?
- Look up and read Matthew 5:14-16.
- Discuss:
 - How does this passage connect with the Big Idea (**We can get excited about Jesus**)?
 - Think about the concept that *you* are a bearer of light. The more excited about Jesus you are, the brighter the light. How bright is your light?
 - What does your light need to shine brighter?
 - Where do you need to shine your light today? This week? This month?
 - What does it look like for you to shine your light at school? What impact could you have there?
- Look up and read Ephesians 5:8-14.
- Discuss:
 - Which parts of this passage make you excited or cause some other emotion in you?
 - You are a child of the light! Are you living like it? What does it look like to live as a child of the light?
- Re-read verse 14 together as a group.
- Discuss: What's so exciting about this verse? Why?

3. HUDDLE

Supplies:

- None

Instructions:

- a. Say, "Bruxy Cavey once said, 'Do you want to follow Jesus? No, I mean *really*. I mean *really, really*. In real life? Do you want to follow Jesus...not just attend church? There is a difference.'"
- b. Discuss:
 - What do you think? Do you want to follow Jesus "in real life"?
 - If so, what will it take? What do you need to do tonight or this week to make it happen or to take the next step with Jesus?
- c. After wrapping up the discussion, pray together.