



## 1. CONVERSATION STARTER

**Supplies:**

- None

**Leader Tip:**

- The Conversation Starter is a great way to make everyone feel welcome and build community! Use it to set the tone for your group's time together.

**Instructions:**

- a. As the students arrive, welcome them and gather everyone in a group.
- b. Check in quickly to see how their week went.
- c. Ask:
  - Have you ever been told you were too young for something?
  - What's the best thing about being a young person?
  - Who's someone you look up to?
- d. Depending on the size of your group, have the students share their responses with the people sitting closest to them or with everyone.
- e. Introduce today's Big Idea: **Even though we're young, we can be an example.**

## 2. INTRO ACTIVITY

**Supplies:**

- Timer

**Leader Tip:**

- To make this activity more challenging, time the students. If you have a large enough group, divide them into two teams and get them to race.

**Instructions:**

- a. Gather everyone together in an open area.
- b. Instruct the students to complete each of the following tasks—without talking:
  - Line up from youngest to oldest
  - Line up by birth month (i.e., January to December)
  - Line up according to how long it took you to get here this morning
- c. To wrap up, discuss:
  - How did you figure out what to do without talking (e.g., deciding which ends were oldest and youngest)?
  - Whose ideas did you follow?



### 3. WEEKLY VIDEO

**Supplies:**

- Video file

**Instructions:**

- Play the video. It contains:
  - Host segment
  - God Story (Young Leader | 1 Timothy 4)
  - Life Story (A group of kids collect supplies to share with people in need around the world.)



### 4. APPLICATION ACTIVITY

**Supplies:**

- Bibles
- Example activity pages
- Pens

**Instructions:**

- Discuss:
  - What's this month's Key Verse? (1 Timothy 4:12)
  - What was the Life Story about in today's video?
  - What was the God Story about?
- Make sure everyone has a Bible.
- Guide the students to navigate to 1 Timothy 4:12.
- Read the verse together.
- Highlight that Paul tells Timothy to be an example in the way you live and love, in faith, and in purity.
- Divide into small groups.
- Give each student an activity page and a pen.
- Encourage them to discuss what each of the words on the page means.
- Prompt the students to record their ideas as well as an example for each area.
- Gather everyone back together.
- Read aloud 1 Timothy 4:13-14.
- Note that Paul gives Timothy some specific advice on how to be an example.
- Discuss:
  - What does Paul tell Timothy to do?
  - How does it connect to Timothy's gift as a pastor?
  - In which area(s) do you have gifts? What might it look like to be an example as you use them?
- Flip back to verse 10 and read it together.
- Emphasize that Jesus gives us hope (and strength) to live in a new way!

## 5. ADDITIONAL ACTIVITY

**Supplies:**

- Profile activity pages
- Pens
- Bibles

**Instructions:**

- a. Highlight that young people have a huge influence online. YouTubers have millions of subscribers and social media influencers can get paid a lot to promote things on their pages. If Timothy was alive today, he would probably be on social media (and he would probably try to convince Paul to get a smartphone).
- b. Guide the students to divide into partners.
- c. Give each pair an activity page and pens. Make sure they have a Bible, too.
- d. Ask them to consider how Timothy might use social media while being an example for his community. For example:
  - What would his bio say?
  - What kinds of things would he be posting?
  - Who would he follow?
  - How would he deal with trolls and bullies? (See 1 Timothy 1:4-5)
- e. Direct the partners to work together to create Timothy's profile on the activity page.
- f. Invite a few pairs of students to share their ideas with the rest of the group.

# Our Story

## 6. DISMISSAL

**Supplies:**

- Take-home cards
- Key Verse cards

**Instructions:**

- a. Take a few moments to pray for the students if you have not already done so.
- b. Remind everyone about any upcoming events or relevant announcements.
- c. Make sure the students have their take-home materials.
- d. Ensure the adult teaching is over before dismissing the students.