

# Ms My Story

## 1. CONVERSATION STARTER

### Supplies:

- None

### Leader Tip:

- The Conversation Starter is a great time to make everyone feel welcome and build community! Use it to set the tone for your group's time together.

### Instructions:

- As the students arrive, welcome them and gather everyone in a group.
- Check in quickly to see how their week went.
- Ask: Is there somewhere you would not go—ever—even if someone paid you heaps of money? If so, where is it and why wouldn't you go there?
- Depending on the size of your group, have the students share their responses with the people sitting closest to them or with everyone.

## 2. INTRO ACTIVITY

### Supplies:

- None

### Instructions:

- Introduce today's Big Idea: **Even when things don't look good, God is with us.**
- Invite the students to take turns acting out scenarios from the list below:
  - You're in bed and your whole family is sleeping. Then you hear a creepy noise...
  - You're flying on an airplane—and you're super afraid of heights.
  - You and a friend got into a huge fight, and it feels as if nothing could be worse at this moment.

- Your teacher makes you stand in front of the whole class and talk about the topic you're studying with stopping for two minutes.
- Create your own situations.
- Once the scenario is well established, shout, "Pause! God is with you!"
- Encourage the actors to change up the situation to reflect that **even when things don't look good, God is with us.** For example, in the situation where someone's in bed and hears a creepy noise, they could pray and ask God for help not being afraid.
- Continue acting out different situations as long as time and interest permit.

# Gs God Story Ls Life Story

## 3. WEEKLY VIDEO

### Supplies:

- Video file

### Instructions:

- Play the video. It contains:
  - Host segment
  - God Story (The Slave | Genesis 37:12-35; 39)
  - Life Story (T.J. Zielman was born with cerebral palsy and because of his health issues, things didn't look great for him. He compared himself with others and experienced many difficulties. But then God gave T.J. hope and helped him realize he can accomplish a lot in Christ!)

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### 4. APPLICATION ACTIVITY

#### Supplies:

- Bibles
- Slap bracelets
- Markers

#### Leader Tip:

- Make sure everyone's names are on their bracelets.

#### Instructions:

- Discuss:
  - What was the Life Story about in today's video?
  - What was the God Story about?
- Make sure everyone has a Bible.
- Look up and read the first part of Romans 8:28.
- Discuss:
  - What do you think our Key Verse means?
  - How can you see it played out in Joseph's life?
  - Can you think of anyone else who this has been true for?
- Give each student a slap bracelet. Place the markers where everyone can reach them.
- Direct the students to write the Key Verse or today's Big Idea (**Even when things don't look good, God is with us**) on their bracelets.
- Encourage everyone to be creative with decorating around the words.
- While the students work on their bracelets, ask them to consider how Joseph may have felt at this point in his story.
- Discuss:
  - How do you deal with those kinds of thoughts or feelings? Who do you talk to about this stuff?
  - How do you interact with God during these times? Who points you towards God?

### 5. ADDITIONAL ACTIVITY

#### Supplies:

- Prayer activity pages
- Pens

#### Instructions:

- Give each student an activity page and a pen.
- Ask everyone to put down their electronics or even hand them over momentarily.
- Invite the students to take a moment to talk to God. They could write a prayer on the activity page or pray quietly. Encourage them to share with God something they're experiencing or going through.
- Give students a couple minutes without any distractions.
- To wrap up, pray that the students would know that—whatever they're experiencing now and whatever they're yet to experience—God is always with them!

## Os Our Story

### 6. DISMISSAL

#### Supplies:

- Take-home cards
- Key Verse cards

#### Instructions:

- Take a few moments to pray for the students if you have not already done so.
- Remind everyone about any upcoming events or relevant announcements.
- Make sure the students have their take-home materials.
- Ensure the adult teaching is over before dismissing the students.