

WELL

God Story:

The Woman at the Well | John 4:1-42

Big Idea:

Jesus gives us what no one else can.

Key Verse:

"God so loved the world that he gave his one and only son. Anyone who believes in him will not die but will have eternal life." | John 3:16 (NIRV)

Leader Tip:

This week emphasize that we may fill our lives with many different things; however, only Jesus gives us what we really need.

Ms My Story

- 1. Conversation Starter** **2 minutes**
Lead into the lesson by talking about the difference between what we want and what we really need. Introduce this week's Big Idea.
- 2. Intro Activity** **5 minutes**
Play a game in which the kids must race to transport water using nothing but straws.

Gs God Story Ls Life Story

- 3. Weekly Video** **12 minutes**
The video includes host, God Story, Life Story, and Key Verse segments.

Ms My Story

- 4. Small Group Activity** **12 minutes ***
Discuss the video teaching and then solve a cryptogram that highlights only Jesus can give us living water.
- 5. Prayer Activity** **8 minutes**
Emphasize sharing the living water of Jesus with others. Choose people to pray for in the week ahead.

Os Our Story

- 6. Dismissal**
Connect with parents and give them the take-home materials.

* Extendable activity



1. CONVERSATION STARTER

Supplies:

- None

Leader Tip:

- The Conversation Starter is a great way to make everyone feel welcome and build community! Use it to set the tone for your group's time together.

Instructions:

- As the kids arrive, welcome them and gather everyone in a group.
- Ask: Have you ever wanted something really badly, maybe for Christmas or your birthday?
- Depending on the size of your group, have the kids share their answers with the people sitting closest to them or with everyone.
- Point out that there are often things we really, really WANT—but they're not always what we NEED!
- Introduce today's Big Idea: **Jesus gives us what no one else can.**

2. INTRO ACTIVITY

Supplies:

- Pitcher
- Masking tape
- Cups
- Sharpie markers
- Straws
- Paper towels

Before the Activity:

- Before the kids arrive, fill the pitcher with water.
- Tape a line on the floor at one end of your group's space.
- (Optional) Fill the water cups ahead of time.

Leader Tip:

- If you have space or group size constraints, consider modifying this to be a team activity.

Instructions:

- (Optional) Pretend to be extremely thirsty and take a big gulp of water from a bottle or cup.
- Discuss:
 - Have you ever been super thirsty? Describe the situation.
 - When you're thirsty what is your body trying to tell you it needs? (Water!)
- Give each person a cup.
- Help the kids write their names on their cups.
- Direct everyone to place their cups on the tape line on the floor.
- Line up the kids at the opposite end of the space.
- Give each person another cup and a straw.
- Pour water into their new cups. Aim for them to be about half full.
- Explain that everyone will have one minute to move as much water as possible into their empty cups. They must only use their straws to move the water!
- Demonstrate how to do it. Put a straw into a cup filled with water. Plug the top opening of the straw with a fingertip. Run over to an empty cup on the tape line. Hold the straw over the cup and remove your finger from the top to release the water.
- Give a signal for the kids to start.
- See how much water they can move in one minute.
- If any water spilled, give the kids paper towels and encourage them to wipe it all up!
- Dry the pitcher before returning it to the supply bin.
- Dispose of the wet supplies.



3. WEEKLY VIDEO

Supplies:

- Video file

Leader Tip:

- Sit with the kids and encourage them to focus on the video as necessary.

Instructions:

- Play the video. It contains:
 - Host segment
 - God Story (The Woman at the Well | John 4:1-42)
 - Life Story (When Terry's friend needed a kidney, he asked himself what Jesus would do.)



4. SMALL GROUP ACTIVITY

Supplies:

- Bibles
- Cryptogram activity pages
- Pens

Leader Tip:

- "Living water" is the answer to the question "What does Jesus give us that no one else can?"

Instructions:

- Gather your small group to sit together.
- Discuss:
 - What is this month's Key Verse? (John 3:16)
 - What was the Life Story about in today's video?
- Make sure everyone has a Bible. Share them if needed.
- Guide the kids to find John 4:7-9.
- Read this passage from today's God Story aloud.
- Discuss:
 - Where did Jesus meet the woman in the story?
 - What was she doing there?
- Encourage the kids to imagine what it would be like to have to walk to a well to get water instead of simply turning on a tap. It would be very precious!
- Give each person an activity page and a pen.
- Direct them to work individually or in small groups to solve the cryptogram and answer the question.

5. PRAYER ACTIVITY

Supplies:

- Water drop cutouts
- Pens or markers

Instructions:

- Remain in your small group.
- Explain that having Jesus in your life is satisfying, like a cold drink of water on a hot day.
- Ask the kids what they would do if they saw a friend who was very hot and thirsty. If they could give this person a cold, refreshing drink of water, would they do it? (Yes!)
- Give a water drop cutout and a pen or marker to each person.
- Encourage everyone to think of someone who could use the gift of living water.
- Ask the kids to write the name of the person they thought of on the water drop.
- Challenge them to pray for these people in the week ahead. They could use the water drop as a reminder.
- Pray something like, "Thank you, Jesus, for your living water! We pray that the Holy Spirit would help us share your living water with the people around us who are thirsty for you! Thank you for this wonderful gift that we can share with others. Amen."

Os Our Story

6. DISMISSAL

Supplies:

- Kids' crafts
- Take-home cards
- Key Verse colouring pages
- Key Verse cards

Before Dismissal:

- Place any crafts and take-home materials where everyone can access them easily.

Leader Tip:

- Take a moment to share with parents about their kids' experiences. Many parents will only hear about the morning from you.

Instructions:

- Greet parents as they arrive to pick up their kids.
- Give everyone take-home cards.
- Offer Key Verse cards and colouring pages to anyone who has not gotten one yet this month.
- Remind them to take any crafts.
- Make sure the security numbers match before the kids leave with their parents.