

IMPACT

God Story:

Level Path | Hebrews 12:12-13

Big Idea:

Following God's path is the best way to impact others.

Key Verse:

"My child, think of the Lord's training as important. Do not lose hope when he corrects you. The Lord trains the one he loves. He corrects everyone he accepts as his child." | Hebrews 12:5b-6

Leader Tips:

- Use the activities to highlight what it means to be on God's path and to follow Jesus. Emphasize that this is the best way to have a positive impact on other people!
- If there's extra time, go back to an activity and repeat it or expand on it.

Ms My Story

- 1. Conversation Starter** **2 minutes**
Lead into the lesson by talking about the best way to do common tasks and how we know what the best way to do something is.
- 2. Intro Activity** **5 minutes**
Invite some kids to navigate the room blindfolded to illustrate that it's best to follow the lead of someone who knows the path ahead. Introduce this week's Big Idea.

Gs God Story

Ls Life Story

- 3. Weekly Video** **12 minutes**
The video includes host, God Story, Life Story, and Key Verse segments.

Ms My Story

- 4. Small Group Activity** **12 minutes ***
Review the video teaching. Act out a variety of scenarios to show how the kids would react based on what they know about following Jesus and being on God's path.
- 5. Prayer Activity** **8 minutes**
Read and discuss Philippians 2:1-5. Then wrap up in prayer together.
- 6. Dismissal**
Connect with parents and give them the take-home materials.

* Extendable activity



1. CONVERSATION STARTER

Supplies:

- Scrap paper (or whiteboard)
- Pens (or whiteboard markers)

Leader Tip:

- The Conversation Starter is a great way to help everyone feel welcome and build community! Use it to set the tone for your group's time together.

Instructions:

- As the kids arrive, welcome them and gather everyone in a group.
- Ask:
 - What's the best way to tie your shoes? Show us!
 - What's the best way to write the letter a? Show us!
 - What's the best way to start running a race? Show us!
 - What's the best way to stretch your arms? Show us!
 - How do you know the best way to do something? Who could you ask (e.g., teacher or expert)? Where could you find instructions?
- Depending on the size of your group, have the kids share their answers with the people sitting closest to them or with everyone.

2. INTRO ACTIVITY

Supplies:

- Blindfolds
- Skipping ropes

Leader Tip:

- Take the necessary precautions to make sure the blindfolded kids are safe as they walk around.

Instructions:

- Gather everyone to stand against a wall.
- Blindfold up to three kids who volunteer.
- Direct the blindfolded kids to walk to the other side of your group's space as quickly as possible—without running into anything.
- (Optional) Depending on your group, the rest of the kids could call out true or misleading instructions.
- Once the kids make it to the other side of the room, ask them to do it again. They will still be blindfolded, but this time they'll hold one end of a skipping rope. Someone you trust from the group will hold the other end to guide them safely to the other side.
- Discuss: Which was the best way: trying to go it alone or being led by someone who could see the path ahead?
- Note that being led was kind of like what it's like to follow God's path. He has the best in mind for us! God wants us to trust and follow him.
- Introduce today's Big Idea: **Following God's path is the best way to impact others.**



3. WEEKLY VIDEO

Supplies:

- Video file

Leader Tip:

- Sit with the kids and encourage them to focus on the video as necessary.

Instructions:

- Play the video. It contains:
 - Host segment
 - God Story (Level Path | Hebrews 12:12-13)
 - Life Story (Rachel and Leigh visit Transcend Running Academy in Western Kenya to find out what motivates the youth who train there to become world champions in running.)



4. SMALL GROUP ACTIVITY

Supplies:

- Clapboard

Instructions:

- Gather your small group to sit together.
- Discuss:
 - What stood out to you from the God Story in today's video?
 - What are this month's Key Verses? (Hebrews 12:5b-6) Does anyone want to try saying them?
 - What stood out to you from the Life Story?
 - How might following God's path help you to have a positive impact on someone?

- Invite the kids to act out some of the following situations. Encourage them to show how they would react based on what they know about following Jesus and being on God's path. Use the clapboard to begin and end each scene.
 - You're running a long-distance race for your cross-country team when you see a runner from another school fall and get hurt. What do you do? (Act out scenario with two runners.)
 - You're just about to eat lunch at school with some friends. You quietly thank God for your food. Someone asks, "What are you doing?" (Act out scenario with friends eating together. What do you say? What do they say back?)
 - You're playing in your yard. You spot the older woman your parents know from the house across the street having a really hard time pulling up weeds in her garden. What do you do? (Act out scenario with one person as the woman and one person playing in the yard.)
 - You found a wallet with a lot of money in it on your way to school. It also has the person's driver's licence. One of your friends says you should take the money and then return the wallet. What do you do? (Act out scenario with friends and as many other people as needed.)
 - You're playing at the park when one of your friends says something mean to another kid. Everyone is laughing. What do you do? (Act out scenario with any kids who haven't had a turn.)
- Discuss:
 - How did you decide what to do in the situation?
 - How could we get a better idea of what God's path is like?

5. PRAYER ACTIVITY

Supplies:

- Bibles

Instructions:

- Remain in your small groups.
- Make sure everyone has a Bible. Share them if needed.
- Guide the kids to look up Philippians 2:1-5.
- Read the verses out loud.
- Invite the kids to share what stands out to them from this passage and why.
- Pray together. Pray that everyone in your group would follow God, love Jesus, and have an impact on others for God's glory!

Os Our Story

6. DISMISSAL

Supplies:

- Kids' crafts
- Take-home cards
- Key Verse colouring pages
- Key Verse cards

Before Dismissal:

- Place any crafts and take-home materials where everyone can access them easily.

Leader Tip:

- Take a moment to share with parents about their kids' experiences. Many parents will only hear about the morning from you.

Instructions:

- Greet parents as they arrive to pick up their kids.
- Give everyone take-home cards.
- Offer Key Verse cards and colouring pages to anyone who has not gotten one yet this month.
- Remind them to take any crafts.
- Make sure the security numbers match before the kids leave with their parents.