



## 1. CONVERSATION STARTER

### Supplies:

- None

### Leader Tips:

- Use the Conversation Starter to set the tone for your group's time together.
- Be prepared to get the discussion started by sharing your own answers to the questions below.

### Instructions:

- As the students arrive, welcome them and gather everyone together in a group.
- Discuss:
  - Last week, we talk about how patience shows our trust in God. Did you have to show patience this week? If so, what happened?
  - This week's Big Idea is that **kindness is treating others the way God wants us to treat them**. Can you think of one situation where someone treated you badly? How do you wish they 'd treated you? Now, think of a time when you treated someone poorly. How should you have treated them?
- Depending on the size of your group, have the students share their answers with the people sitting closest to them or with the whole group.

## 2. INTRO ACTIVITY

### Supplies:

- None

### Instructions:

- Divide the students into groups of two to four people.
- Explain that you're going to name someone and the groups will come up with just one word that describes their relationship to that person.
- Read from the list below and give groups 30 seconds to come up with an answer for each one:
  - Parents
  - Siblings
  - Teachers
  - Principal
  - Grandparents
  - School friends
  - Church friends
  - Youth pastor
  - Celebrities
- Discuss:
  - Was it easy to come up with only one word for each relationship?
  - How many of the words you came up with were positive? How many were negative?
- Say, "Often, we're quick to judge people and label them. Once they have that label, it's difficult to change it! If you constantly think that your siblings are annoying, chances are good that you'll find ways for them to prove you right. The same is true if we think about people in a positive way. If we try to think about everyone the way that God thinks about them, we'll see them more and more in that light."
- Open in prayer. Pray that God would help each person see others as God sees them and treat others accordingly.



### 3. WEEKLY VIDEO

#### Supplies:

- Video file

#### Instructions:

- Play the video. It contains:
  - Host segment
  - God Story (Ruth and Naomi | Galatians 5:22-23; Ruth)
  - Life Story (Kids do acts of kindness for senior citizens)



### 4. ACTIVITY

#### Supplies:

- None

#### Instructions:

- Discuss:
  - What are the Key Verses for this month? (Galatians 5:22-23)
  - What was the God Story about in today's video?
  - What was the Life Story about?
  - How did Ruth, Naomi, and Boaz show kindness?
  - How can we be kind to one another in similar ways?
- Divide the students into groups of two to four people.
- Explain that you're going to ask questions and the group members will have about 45 seconds to discuss their responses. After each question, you'll yell, "Done!" and then they should form new groups.
- Read aloud the following questions:
  - How would we act differently if we viewed one another the same way God views us?
  - How are love and kindness tied together?
  - What are random acts of kindness? What would acts of kindness be like if they weren't random?

- Who needs you to show them real, genuine kindness this week?
  - When is it extra difficult to be kind?
- After the final question, keep the groups together to pray. Encourage them to pray that God would help them be kind when they least feel like it and that they would treat others the way God wants us to treat them.

### 5. ADDITIONAL ACTIVITY

#### Supplies:

- None

#### Leader Tip:

- Encourage the students to avoid commenting on one another's physical appearances during this activity.

#### Instructions:

- Divide the students into groups of five to six people.
- Direct each group to form a circle
- Guide the students to take turns standing in the middle of their group's circle.
- Instruct everyone else in the circle to say something kind to the person in the middle.
- After everyone has taken a turn, discuss:
  - How did it make you feel to have kind things said to you in this way?
  - Do you think we could make someone's day (or bring someone down) with the words that we say?
  - If Jesus was speaking to you when you were in the circle, what do you think he would say to you? What would he want you to say to others?

# Os Our Story

## 6. DISMISSAL

### Supplies:

- Take home cards
- Key verse cards

### Instructions:

- a. Take a few moments to pray for the students if you have not already done so.
- b. Remind everyone about any upcoming events or relevant announcements.
- c. Make sure the students have their take home materials.
- d. Ensure the adult teaching is over before dismissing the students.